A case of head lice has been detected in your child's class. Please check their hair and treat if required.

A few pointers:
* Head lice range in size from a full stop to a sesame seed
* It is best to use a head lice comb that's white so the lice can be easily seen
* Live lice remain close to the scalp
* Good lighting is important and so is comfort
* Combing through the hair when wet may make the process more comfortable
* If you find live lice, consult your local pharmacy team and only treat if you find a live, moving louse

For more advice on dealing with head lice, visit www.onceaweektakeapeek.com